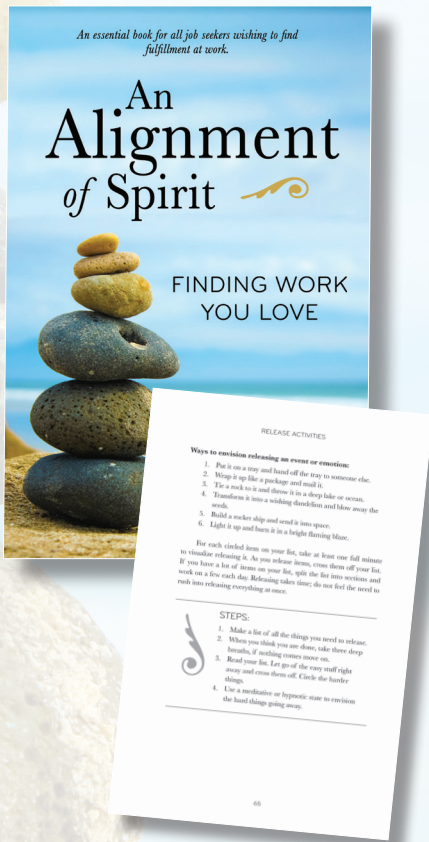


An essential book for all job seekers wishing to find fulfillment at work.

An Alignment of Spirit

FINDING WORK YOU LOVE

Michelle Walters



A spiritually-aligned approach to job hunting that offers practical steps you can take to find meaning, purpose, and connectedness in your workplace.

Work and spirit may feel like two words that don't fit in the same sentence. They absolutely do. We spend 25% of our lives at work, and it is critical that your working time align with your spirit. Without an alignment of spirit, work is at best unsatisfying, and at worst, it ends.

This book teaches how to get in touch with your spirit using a variety of techniques including writing, art, and meditation or self-hypnosis for the purpose of finding work you love. Filled with personal stories, scientific evidence, and methods to explore one's inner self, this book is a guide to deepening the connection to spirit. This process can be applied to your job hunt, as well as many aspects of your life. Doing so will enrich your life in ways you never expected. Includes downloads and additional support materials available from MichelleWalters.net (scan QR code for link to Membership Area).



PRODUCT DETAILS

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SCIENCE

Draws on support from research conducted by social psychologists, behavioral economists, and other leaders in their fields. It is well-referenced and easy to follow.

STORIES

Explanations of the how of incorporating spirit in one's job hunt are illustrated through stories, making for a pleasant and understandable read.

ACTIVITIES

Nineteen activities are included to help the reader explore what feels right, connect to spirit, and find work they love.

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Michelle Walters is a seasoned job hunter, an Executive Coach, and a Clinical Hypnotherapist. Her new book aims to help job seekers focus on spirit to find work they love.

Learn more at MichelleWalters.net

